Media Release

New positive case of COVID-19 in Timiskaming District
July 28, 2020 - For immediate release

After three months without a positive case in the Timiskaming district, Dr. Glenn Corneil, Acting Medical Officer of Health for the Timiskaming Health Unit, has confirmed a new positive case of COVID-19 on July 28, 2020. A female in her 30s, who is from out of district, has tested positive after being swabbed within the southern part of our district. All necessary infection prevention and control measures were taken and contact tracing has begun. If you are identified as a close contact you will be notified. The patient is self-isolating while she recovers.

Dr. Corneil said, *"COVID-19 remains a public health concern that we all must continue to address proactively. Recently, we have seen new cases across the north, so it is not unexpected that we are announcing a new positive case of COVID-19 in our district. We must continue to practice all public health measures in order to reduce the spread and protect our communities".*

How to protect yourself and others

There are actions that can help prevent the spread of germs that cause respiratory illnesses, including COVID-19. Take these steps to reduce exposure to the virus and protect your health:

- wear a mask or face covering in indoor public spaces
- maintain 2m/ 6 feet of physical distance from others
- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- if you have any COVID-19 related symptoms get tested

 Any future positive cases of COVID-19 in our district will be posted to our website (www.timiskaminghu.com), specific media releases may not be issued. Additional information regarding COVID-19 is also available on our website.

You can also visit Ontario's website to learn more about how the province continues to protect Ontarians from COVID-19.

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